

**Request for information under the Freedom of Information Act – 2022.1130
Released – 28 March 2022**

Thank you for your email received 17 March 2022 requesting information regarding period policies and staff.

Please find detailed below a summary of your request, together with our response.

***Summary of your original request:
Do you have a period policy for staff?***

No

If you do, when was it implemented and what does it say?

Not applicable

If not, are you planning to implement one?

No

Do you provide any free sanitary products for staff? If yes, for which staff and where?

No

Are the needs of women who have health problems related to their periods (such as endometriosis) covered by any other policies?

Broadly, they would be supported through the Trust's absence management policy if there was absence related to health problems or we would provide support through health and wellbeing conversations with their line manager, health and wellbeing support through various resources, occupational health and counselling support if appropriate.

What are you doing to ensure staff have the knowledge and support they need with any issues related to their menstrual cycle?

General health and wellbeing conversations where individuals have the opportunity to raise any health issues.

Chair John Goulston Acting Chief Executive Gordon Flack

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