

**Request for information under the Freedom of Information Act Reference 2022.1126**  
**Released 11 March 2022**

Thank you for your email received 10 March 2022 requesting information regarding cognitive behavioral therapy waiting times.

Please find detailed below a summary of your request, together with our response.

***Summary of your original request:***

- ***Please provide the mean RTT waiting time in weeks for people under the age of 18 accessing Cognitive Behavioral Therapy (CBT).***
- ***If this could be narrowed down to CBT for depression and anxiety then that would be preferable, but if this is not possible then please provide the information for any CBT.***
- ***Please do this for the current or most recent data that you have for this.***

The Kent Community Health NHS Foundation Trust is not commissioned to provide cognitive behavioral therapy; therefore we do not hold any information pertinent to your request.

Chair John Goulston Acting Chief Executive Gordon Flack

Trust HQ The Oast, Unit D, Hermitage Court, Hermitage Lane, Barming, near Maidstone, Kent ME16 9NT