

**Request for information under the Freedom of Information Act – 2021.994
Released – 11 November 2021**

Thank you for your email received 4 November 2021 requesting information regarding couple's therapy/counselling.

Please find detailed below a summary of your request, together with our response.

Summary of your original request:

I am looking for the following information regarding the number of cases of couples therapy in Kent Community Health NHS Trust.

a) How many people enquired about/requested some form of couple's therapy and/or couple's counselling between the following time periods:

- From March 2018 to February 2019***
- From March 2019 to February 2020***
- From March 2020 to February 2021***
- From March 2021 to present day (or as far as records go)***

b) How many people have enquired about/requested Behavioural Couples Therapy between the following time periods:

- From March 2018 to February 2019***
- From March 2019 to February 2020***
- From March 2020 to February 2021***
- From March 2021 to present day (or as far as records go)***

c) How many couples have had some form of couples therapy and/or counselling between the following time periods:

- From March 2018 to February 2019***
- From March 2019 to February 2020***
- From March 2020 to February 2021***
- From March 2021 to present day (or as far as records go)***

d) How many couples have had Behavioural Couples Therapy between the following time periods:

- From March 2018 to February 2019***
- From March 2019 to February 2020***
- From March 2020 to February 2021***
- From March 2021 to present day (or as far as records go)***

This is not a service provided by the Kent Community Health NHS Foundation Trust; therefore we do not hold any information pertinent to your request.

Chairman John Goulston Chief Executive Paul Bentley

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