

## Request for information under the Freedom of Information Act - 2021.827 Released - 14 June 2021

Thank you for your email dated 15 May 2021 requesting information regarding ADHD.

Please find detailed below a summary of your original request together with our response.

## **Original request:**

For your NHS Trust(s), please could you provide the following information:

1. The current wait time for an undiagnosed adult to see a psychiatrist for ADHD after being referred from a GP on the NHS

We do not provide this service for adults; therefore we do not hold information for this part of your request.

- 2. The current wait time for an undiagnosed child to see a psychiatrist for ADHD after being referred from a GP on the NHS
- 3. The current wait time to see a Cognitive Behavioural Therapist for ADHD following an ADHD diagnosis

We do not have services for children seen by psychiatrists or community behavioural therapists; therefore we do not hold information for questions 2 & 3.

4. The number of children (under the age of 18) with an ADHD diagnosis

The number of children (under the age of 18) with an ADHD diagnosis = 2,792

Please note that this data is only for the children (0-18 years) who we have on our caseload in west and north Kent and who we are monitoring for medication reviews. This is not the full number of CYP diagnosed with ADHD but we are currently unable to extract these additional numbers from our data systems. This will also not include children over 11 years who have been diagnosed by NELFT (CYPMHS).

- 5. The number of children (under the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse.
  - a. Please provide this as a breakdown by comorbidity

An external provider sees children for psychiatric co-morbidities; therefore we do not hold information for this part of your request.

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- 6. The number of adults (over the age of 18) with an ADHD diagnosis
- 7. The number of adults (over the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse.
  - a. Please provide this as a breakdown by comorbidity

As stated above for question 1 we do not provide this service for adults; therefore we do not hold information for questions 6 & 7 of your request.

Please could you also provide the average wait time for each year from 2015-2020, if doing so will not push this request over the cost limit.

As stated above we do not provide most of the services detailed above in your request; therefore we are not able to provide an answer to this part of your request.