

A guide about the Meningitis (MenACWY) vaccination



A vaccination is a jab or injection.



Meningitis is a brain infection that can make you very poorly. The germs that cause it can also cause blood poisoning (septicaemia).



If you have 1 or more of the symptoms below you should ask someone for help.

- a **stiff neck** and a very **bad headache**
- lights **hurting your eyes**
- being **sick** (vomiting)
- a **fever** (hot and shivering)
- feeling **tired** and **confused**
- **red or purple spots** on your skin that don't go away when you press a glass on them.





The injection protects against four types of infection.

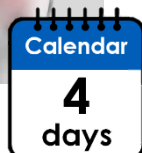
You can have the injection if you are between 14 and 19.



It's usually given in year 9 at school.



The injection is given to you by a nurse at school.



Some people get a sore, red or bruised arm after the injection.

It will go away in 3 to 4 days.

Contact us...



We are here to help.

You might want to talk to a nurse before having the injection.

If you have any questions you can talk to us.



Phone: 0300 123 5205

The nurse can phone you back.



Email:

kchft.cyp-immunisationteam@nhs.net



Post:

Immunisation Service

Norman House

Beaver Business Park

Beaver Road

Ashford

Kent TN23 7SH

Need help?



Our Patient Advice and Liaison Service (PALS) can help you.

You can ask a question or tell them if you are unhappy about something.



Phone: 0300 123 1807

The team can phone you back.

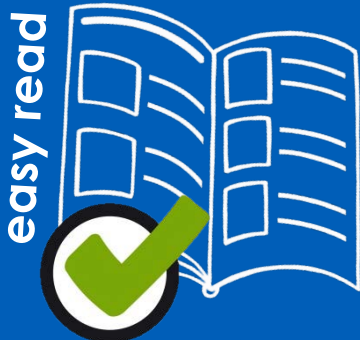


Email: kentchft.PALS@nhs.net



Post:

Patient Advice and Liaison Service (PALS)
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