








First choice dressing list



			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate level
Alginate/gelling fibres								
	KerraCel	Gelling fibre, designed to absorb exudate.		✓		✓		
	UrgoSorb	Calcium alginate dressing. Indicated for bleeding wounds.		✓		✓		
Cleansing solutions								
	Octenilin Wound Irrigation Solution	Antimicrobial cleansing solution suitable for removal of devitalised tissue and biofilm.	✓	✓	✓	✓	✓	
	Stericlens	Sterile sodium chloride 0.9% for wound irrigation.	✓	✓	✓	✓	✓	




Exudate level:  = low


 = medium

 = high





This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions. Please note, not all sizes are approved for use. Please refer to the first choice dressing list (FCDL) or ONPOS list for details.

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Contact layers			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate level
	Atrauman	Primary wound contact layer. Petrolatum free.	✓	✓	✓	✓	✓	
	Mepitel One	Soft silicone wound contact layer with silicone on one side of a highly transparent and flexible polyurethane mesh.	✓	✓	✓	✓	✓	
Film								
	ClearFilm	Transparent vapour – permeable film dressing, latex free.	✓	✓	✓	✓	✓	

Exudate level:  = low = medium = high

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Foams (* = Refer to foam decision tool)			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate level
	Tegaderm Foam Adhesive	Polyurethane foam dressing with semi permeable film backing layer and adhesive border.	✓	✓	✓	✓	✓	*
	Biatain Silicone	Polyurethane foam with vapour-permeable film backing and gentle silicone adhesive border. Conforms to wound bed.	✓	✓	✓	✓	✓	*
	Mepilex Border Comfort	Bordered silicone foam with Flex Technology for conformability.	✓	✓	✓	✓	✓	*
Hydrocolloid - thin								
	DuoDERM Extra Thin	Thin adhesive hydrocolloid dressing.	✓	✓	✓	✓	✓	👉

Exudate level: 👉 = low

👉👉 = medium








👉👉👉 = high

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			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate level
Absorbent								
	Zetuvit E - Non Sterile	Highly absorbent cellulose pad with fluid repellent backing.	✓	✓	✓	✓	✓	
Superabsorbents								
	Zetuvit Plus	Highly absorbent cellulose pad with fluid retaining particles. Suitable for use under compression. Leg must then be re-shaped.	✓	✓	✓	✓	✓	
	KerraMax Care	Superabsorbent core to lock in exudate, with horizontal wicking layer. Suitable for use under compression.	✓	✓	✓	✓	✓	

Exudate level:  = low  = medium  = high

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Antimicrobials (Reassess and review at 2 weekly intervals)			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate level
	Iodoflex	Cadexomer Iodine mouldable paste.	✓	✓	✓			1 drop
	Inadine	Non-adherent impregnated with 10 per cent povidone-iodine.	✓	✓	✓			0 drops
	Medihoney Antibacterial Honey Apinate Dressing	Antibacterial honey containing calcium alginate.	✓	✓	✓			0 drops
	Medihoney Antibacterial Medical Honey	Antimicrobial medical grade 100 per cent honey.	✓	✓	✓			0 drops
	Aquacel AG+ Extra	Silver antimicrobial dressing.	✓	✓	✓			3 drops
	Zorflex	Activated carbon cloth. Contact layer. Does not contain silver.	✓	✓	✓	✓		4 drops
	Cutimed Sorbact Ribbon / Swab	Sorbact - technology coated hydrophobic antimicrobial woundcontact layer.	✓	✓	✓	✓	✓	4 drops



Exudate level: 1 drop = low

2 drops = medium

3 drops = high

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Low/non adherent			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate level
	Mepore	Self-adhesive absorbent dressing.	✓	✓	✓	✓	✓	👉/👉
	365 Film Transparent Island Dressing	Transparent, self-adhesive absorbent film and pad.	✓	✓	✓	✓	✓	👉

Exudate level: 👉 = low

👉👉 = medium

👉👉👉 = high

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Medicated bandages



Viscopaste PB7

Zinc paste bandage, can be used for chronic eczema/dermatitis.



Icthopaste

Zinc paste and ichthammol bandage can be used for chronic eczema/dermatitis.

Retention bandage (Not to be used on lower limbs)



Knit-Band

Lightweight knitted retention bandage.

Bandages



K-Soft







An absorbent, non woven, sub bandage wadding, latex free.



K-Lite

Lightweight knitted bandage, providing light support.

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Compression bandages		
	Actico	Cohesive, inelastic (short-stretch) bandage. Treatment and management of venous leg ulcers, lymphoedema and chronic oedema. Suitable for mobile and immobile patients with an ABPI of 0.8-1.3.
	K-Plus	White knitted fabric type 3a compression bandage consisting of viscose, nylon and elastomeric yarn an extensible bandage donating up to 20 mmHg of sub bandage pressure at the ankle. Not recommended for patients with arterial disease (ABPI <0.8).
	UrgoKTwo	Two-layer compression bandage system that combines elastic and inelastic components. Provides sustained graduated compression for up to 7 days. Suitable for mobile and immobile patients with an ABPI of 0.8-1.3.
	UrgoKTwo Reduced, for mixed aetiology	Two-layer compression bandage system that combines elastic and inelastic components. Provides sustained graduated compression for up to 7 days. Suitable for mobile and immobile patients.
Adhesive tape		
	Clinipore	Permeable non-woven synthetic adhesive tape.
	Hypafix	Permeable, apertured, non-woven, synthetic adhesive tape.

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Tubular bandage



Clinifast

Elasticated viscose stockinette.

Emollients and soap substitutes

(Please be mindful of fire risk of these products containing paraffin)



QV Gentle Wash

Soap-free wash containing glycerol 15 per cent, pH balanced.



QV Cream

Contains glycerol 10 per cent, light paraffin 10 per cent and white soft paraffin 5 per cent (E45 equivalent).



Zeroderm Ointment

An emollient containing liquid paraffin and white soft paraffin, (Epaderm equivalent).



Zerobase

Zerobase cream contains liquid paraffin. (Diprobbase equivalent).



Zerodouble Gel

SLS-free gel containing 30 per cent emollient and 10 per cent glycerol (humectant) (Doublebase equivalent).



Zeroveen

Fragrance free emollient cream with natural oatmeal (Aveeno equivalent).



Fifty:50





Emollient containing 50 per cent white soft paraffin and 50 per cent white liquid paraffin.

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Barrier creams/skin protectors

Must be used in line with the following recommendations:

- Moisture associated skin damage (MASD) pathway A
- Incontinence associated dermatitis (IAD) pathway B

	<p>Cavilon No Sting Barrier Film</p>	<p>Protective transparent barrier film for peri-wound skin, alcohol free, (see pathways A and B).</p>
	<p>Cavilon Durable Barrier Cream</p>	<p>Highly concentrated barrier cream to protect against bodily fluids, (see pathway B).</p>
	<p>Proshield Plus Skin Protectant</p>	<p>To be used on severe skin breakdown (see pathway B).</p>
	<p>Proshield Foam and Spray Cleanser</p>	<p>To be used on severe skin breakdown (see pathway B). Only use if there is persistent diarrhoea.</p>

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Contact us

If you need further advice, please contact the Tissue Viability Team.

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