

## How can we help?

- Key point of contact between nurseries, schools, colleges, clinics and hospitals.
- Empowering parents and carers by assisting in keeping your child out of hospital.
- Providing training, care plans and advice about emergency medication.
- We aim to raise awareness of epilepsy with the goal to reduce the stigma associated with it.
- Assisting with the impact of epilepsy on daily life.
- Supporting young people with the transition to adult services.



## Contact us

Children's Specialist Epilepsy Nursing Service  
Capital House, Jubilee Way,  
Faversham ME13 8GD.

Phone: 0300 123 1553  
Email: [kcht.cen@nhs.net](mailto:kcht.cen@nhs.net)



# Children's Specialist Epilepsy Nursing Service

Patient information for parents, carers and young people

## Customer Care Team

If you have a query about our health services, or would like to comment, compliment or complain about Kent Community Health NHS Foundation Trust, you can contact the **Customer Care Team**.

**Phone:** 0300 123 1807  
8am to 5pm Monday to Friday. Please ask if you would like the team to call you back

**Text:** 07943 091958

**Email:** [kcht.cct@nhs.net](mailto:kcht.cct@nhs.net)

**Address:** Customer Care Team,  
Kent Community Health NHS Foundation Trust,  
Trinity House,  
110-120 Upper Pemberton, Eureka Park,  
Ashford, Kent TN25 4AZ.

**Web:** [www.kentcht.nhs.uk](http://www.kentcht.nhs.uk)

If you would like this information in another language, audio, Braille, Easy Read or large print, please ask a member of staff. You will be asked for your agreement to treatment and, if necessary, your permission to share your personal information.



22.03.16

## Who we are and what we do

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A children's specialist epilepsy community nurse works exclusively with children and young people with epilepsy and their families.

They are part of the Community Children's Nursing Team. The team works in partnership to support families and educate children and young people with epilepsy.

We work closely with the consultant paediatricians to ensure we meet the needs of the young people that have a diagnosis of epilepsy and are dealing with seizures.



## What is epilepsy?

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Epilepsy is a neurological condition that affects how the brain works and causes the body to experience seizures.

There are two main seizure types:

### **Focal seizures**

occur when the electrical disturbance is focussed in just one part of the brain. This means that the type of seizure will depend on exactly where in the brain it comes from and what functions that area of the brain are responsible for. Seizures may be different depending on the area of the brain that is involved.

### **Generalised seizures**

occur when large areas of the brain are affected by the abnormal electrical disturbance and the person becomes unconscious. In some cases the period when the person is unconscious can be very brief and may be missed or it could be prolonged and emergency treatment may be needed.

## Treatment

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Treatment for the seizures is designed to reduce the amount that occur in number and severity. The children's specialist epilepsy nurse will support you with the treatment options that have been prescribed by your consultant.

## Referral criteria

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Children and young people from birth to 19-years-olds. Young people should be in full time education.

- Epilepsy may not be their only condition.
- Additional complex health need or disability involving seizures.
- Young people who are about to transition to adult services.

If you would like to make a referral please contact us.

