# Kent Community Health

**NHS Foundation Trust** 



# **BEAM progress chart**

(To be used when completing whole class screening)

Child's name ...... Class .....

#### **Block A**

Activity	Achieved	Comments
Curling up		
Stretching out		
Hands and knees		
Table		
Bridge		
Log roll		
Kneeling up		
Sitting with knees to one side		
Kneeling – one foot forward		
One leg balance		
Jumping		

## **Block B**

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Happy Cat/Angry Cat	
Crab	
Bridges	
Log Roll	
Kneeling Up	
Sitting with knees to one side	
Kneeling with one foot forward	
Hopping	
Jumping	

## **Block C**

Crab	
Bottom lifts	
Bottom walking	
Elbow to knee	
Kneeling Up	
Sitting with knees to one side	
Kneeling with one foot forward	
Skipping	
Jumping	