



## BEAM progress chart

**Block B** (To be used for children identified as requiring small group work)

Child's name ..... Class .....

Activity	Achievement at end of block	Date achieved
<b>Curling up</b>	Able to maintain position and roll symmetrically to either side	
<b>Stretching out</b>	Aim to hold for five seconds	
<b>Happy cat/ Angry cat</b>	To be able to achieve this activity	
<b>Crab</b>	To be able to move forwards and backwards in this position	
<b>Bridges</b>	Able to maintain a steady bridge for five seconds	
<b>Log roll</b>	To be able to complete activity in a straight symmetrical position.	
<b>Kneeling up</b>	Walk on knees length of mat	
<b>Sitting with knees to one side</b>	Able to complete activity without prompting	
<b>Kneeling – one foot forward</b>	Maintain with control for 30 seconds	
<b>Hopping</b>	Three consecutive hops on either foot	
<b>Jumping</b>	Feet together three consecutive jumps with arm swing	

NB. Children should not progress on to the next block until all activities in this block have been achieved.