

The card that makes a difference

Please show this card whenever you
visit a Doctor, Pharmacist, Dentist
or other healthcare provider

CDI Important Information

- Please show this card to any Doctor, Pharmacist, Dentist or other healthcare provider.
- Contact your GP without any delay if symptoms persist or recur.



Keeping you safe from CDI

What is Clostridium *difficile* Infection?

Clostridium *difficile* is a bacteria which is found living harmlessly in the large bowel of 3% of adults. Antibiotics may affect the normal balance of friendly bacteria in the bowel allowing Clostridium *difficile* to multiply causing diarrhoea.

What are the symptoms of Clostridium *difficile* Infection?

- Diarrhoea which can be mild or severe, which is often very offensive smelling
- Stomach ache or cramps
- Fever
- Sometimes blood in your faeces

You have been identified as having had (or as being at risk of) CDI. Therefore care should be taken if you need antibiotics in the next few months as this may trigger a return of symptoms. Please show this card to any Doctor, Pharmacist, Dentist, Podiatrist, Nurse or healthcare provider every time you visit them.

“Hand washing is the single most important means of preventing the spread of infection”

Centre for Disease Control and Prevention